



## K-12 RECIPE

## KOLACHE

SMOKED SAUSAGE WITH CHEESE  
BAKED INTO A SOFT, WHOLE  
GRAIN SWEET ROLL

CHICKEN, BEEF  
WITH CHEESE • 4 OZ.  
2-M/M 2-GRAIN



## BULK OR INDIVIDUALLY WRAPPED

|             |                           |
|-------------|---------------------------|
| ITEM:       | 40114 (Bulk) / 40115 (IW) |
| SIZE:       | 4 oz                      |
| PACK:       | 40 count                  |
| CASE WT:    | 10 LBS                    |
| PALLET TIE: | Tie 14, High 7            |
| CASE DIMS:  | 14" x 10" x 8"            |
| CASE CUBE:  | 0.865                     |
| SHELF LIFE: | 365 days, frozen          |

## HEATING INSTRUCTIONS

## MICROWAVE

For best results, do not thaw.

1. Remove frozen kolache from wrapper.
2. for 1 Kolache, Microwave on high for 30 seconds. Add 30 seconds for each additional.

Microwaves vary, adjust accordingly.

## OVEN

1. Refrigerate overnight to thaw.
2. Preheat oven to 325 degrees f.
3. Place kolache on non-stick baking sheet.
4. Bake for 12 minutes or heated through.

## Nutrition Facts

|                                                                                                                                                                     |                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| 1 serving per container                                                                                                                                             |                            |
| <b>Serving size</b>                                                                                                                                                 | <b>112 g</b>               |
| <b>Amount per serving</b>                                                                                                                                           |                            |
| <b>Calories</b>                                                                                                                                                     | <b>320</b>                 |
| <b>% Daily Value *</b>                                                                                                                                              |                            |
| <b>Total Fat</b> 18g                                                                                                                                                | <b>23%</b>                 |
| Saturated Fat 6g                                                                                                                                                    | 31%                        |
| Trans Fat 0g                                                                                                                                                        |                            |
| <b>Cholesterol</b> 50mg                                                                                                                                             | <b>17%</b>                 |
| <b>Sodium</b> 730mg                                                                                                                                                 | <b>32%</b>                 |
| <b>Total Carbohydrate</b> 27g                                                                                                                                       | <b>10%</b>                 |
| Dietary Fiber 2g                                                                                                                                                    | 8%                         |
| Total Sugars 6g                                                                                                                                                     |                            |
| Includes 4g Added Sugars                                                                                                                                            | 8%                         |
| <b>Protein</b> 14g                                                                                                                                                  |                            |
| Vitamin D 0.1mcg                                                                                                                                                    | 0%                         |
| Calcium 20mg                                                                                                                                                        | 2%                         |
| Iron 4.6mg                                                                                                                                                          | 25%                        |
| Potassium 100mg                                                                                                                                                     | 2%                         |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |                            |
| Calories per gram:                                                                                                                                                  |                            |
| Fat 9                                                                                                                                                               | Carbohydrate 4 • Protein 4 |

## INGREDIENTS:

Sausage: chicken, beef, water, pasteurized cheddar cheese [(pasteurized milk, cheese cultures, salt, enzymes), water, cream, sodium phosphate, salt, sorbic acid, annatto coloring], contains less than 2% of salt, spices, black pepper, sodium phosphate, granulated garlic, corn syrup, dextrose, sodium erythorbate, sodium nitrate., Dough: Hard White Whole Grain Wheat Flour, Bleached Enriched Wheat Flour ((Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour), Water, Sugar, Whole Eggs, Soybean Oil, Yeast (Saccharomyces Cerevisiae, Emulsifier (Sorbitan Monostearate, Antioxidant (Ascorbic Acid), Butter [Sweet Cream, Salt], Whey (Milk), Salt, Bread Conditioner [Wheat Flour, Enzymes, Ascorbic acid, soybean Oil, Potassium iodate, L-cysteine, diacetyl tartaric acid esters of Mono & Diglycerides, Sodium stearoyl lactylate], Contains less than 2% of Soy Protein, Modified Cellulose, Salt, Soy Lecithin, Calcium Propionate, Acesulfame)

CONTAINS: WHEAT, EGG, MILK, SOY, CHEESE



NO PORK

